

2021 CAMPER HEALTH FORM

Year _____

Session _____

FOR OFFICIAL USE: Camper Name _____

Camper Name (Print) _____

Birth Date: _____ Gender: _____ Age: _____ Grade in fall: _____

Parent/Guardian: _____ Home Phone: (____) _____

Address: _____ Work Phone: (____) _____

City: _____ State: _____ Zip: _____ Cellular Phone: (____) _____

In an emergency situation, use these contacts as necessary:

Second Parent/Guardian: _____ Home Phone: (____) _____

Work Phone: (____) _____ Cellular Phone: (____) _____

Emergency Contact: _____

Home Phone: (____) _____ Work Phone: (____) _____

Staff's Physician: _____ Phone: (____) _____

Family Insurance Company: _____ Policy # _____

Insurance Subscriber's Name: _____ SS# _____

Insurance Claims Address: _____

Pre-Authorization Phone # if required (____) _____

Authorization – Must be signed.

In signing this authorization, I acknowledge that I have read the event description and am aware that the activities associated with this event entail certain inherent risks including damage to property, personal injury, and even death. In consideration for being permitted to participate in this event, I agree to assume all such risks and hereby release and discharge Holston Conference Camp and Retreat Ministries, Inc., it's affiliated camps, officers, sponsors, trustees, employees, agents and other aids and/or volunteers from any and all liability for any and all damage, loss, injury, or death of every kind and nature whatsoever which in any way arises out of my participation in this event.

I hereby give permission to the camp to provide routine health care, administer prescription drugs, and seek emergency medical treatment including ordering X-rays and/or routine tests. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to hospitalize, secure proper treatment, and to order injection and/or anesthesia and/or surgery for me/or my child as named above.

The health history on pages 2 and 3 is correct so far as I know.

The person herein described has permission to engage in all prescribed camp activities except as noted.

I give permission for me/my child to be transported in a private vehicle if necessary.

I give permission for photographs taken of me/or my child to be used for camp publicity, printed or electronic.

Signature of parent/guardian _____

This form may be photocopied for use out of camp. **Date** _____

Camper Name (Print) _____

CAMPER HEALTH HISTORY AND PROFILE

General Health Status

| | Yes | No | | Yes | No |
|---|--------------------------|--------------------------|---|--------------------------|--------------------------|
| Had any recent injury, illness or infectious disease? | <input type="checkbox"/> | <input type="checkbox"/> | Ever had problems with ankle or knee joints? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have a chronic or recurring illness/condition? | <input type="checkbox"/> | <input type="checkbox"/> | Have any skin problems (itching, rash, etc)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever been hospitalized? | <input type="checkbox"/> | <input type="checkbox"/> | Have diabetes? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever had surgery? | <input type="checkbox"/> | <input type="checkbox"/> | Have asthma? Does camper carry an inhaler? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have had a head injury? | <input type="checkbox"/> | <input type="checkbox"/> | Had mononucleosis in last 12 months? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have frequent headaches? | <input type="checkbox"/> | <input type="checkbox"/> | Had problems with diarrhea/constipation? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever been knocked unconscious? | <input type="checkbox"/> | <input type="checkbox"/> | Have problems with sleepwalking? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever had frequent ear infections? | <input type="checkbox"/> | <input type="checkbox"/> | Have history of bed-wetting? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever fainted? | <input type="checkbox"/> | <input type="checkbox"/> | Ever had an eating disorder? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever had seizures? | <input type="checkbox"/> | <input type="checkbox"/> | Wear Glasses, contacts or protective eye wear? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever had chest pains during or after exercise? | <input type="checkbox"/> | <input type="checkbox"/> | Have an orthodontic appliance at camp? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever had high blood pressure? | <input type="checkbox"/> | <input type="checkbox"/> | Ever had emotional difficulties requiring prof. help? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever been diagnosed with a heart murmur? | <input type="checkbox"/> | <input type="checkbox"/> | Ever been diagnosed with ADD/ADHD | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever had back problems? | <input type="checkbox"/> | <input type="checkbox"/> | If female, has started menstruating? | <input type="checkbox"/> | <input type="checkbox"/> |

Please explain "yes" answers: _____

List other Physical, Emotional, Behavioral, or Mental Health Concerns _____

Has camper ever had an allergic reaction to: (describe what sets off reaction and its severity)

Foods: (Please list) _____

Drugs: (Please list) _____

Insect Stings: _____ Has camper ever been stung by a bee? _____ Does camper carry an Epi-pen? _____

Ivy Poisoning: _____ Other: _____

Immunization Record (complete or attach a copy of Vaccine Administration Records)

| Which of the following has the participant had? | Vaccine: | Dates: | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr |
|---|-------------------------|--------|-------|-------|-------|-------|-------|-------|
| <input type="checkbox"/> Measles DTP | TD (tetanus/diphtheria) | | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Chicken pox | Tetanus | | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> German Measles | Polio | | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Mumps | MMR | | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Hepatitis A | or Measles | | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Hepatitis B | or Mumps | | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Hepatitis C | or Rubella | | _____ | _____ | _____ | _____ | _____ | _____ |
| TB Mantoux Test | Haemophilus influenza B | | _____ | _____ | _____ | _____ | _____ | _____ |
| Date of last test _____ | Hepatitis B | | _____ | _____ | _____ | _____ | _____ | _____ |
| Result: Positive <input type="checkbox"/> Negative <input type="checkbox"/> | Varicella (chicken pox) | | _____ | _____ | _____ | _____ | _____ | _____ |

Parent/Guardian Signature _____

Date _____

Camper Name (Print) _____

MEDICATIONS

All medications brought to camp, both prescription and non-prescription, must be in the original containers and clearly labeled with campers name. All prescription medications will be dispensed according to physician's instructions.

Prescription and Routine Medications – Please list all medications to be taken regularly throughout the camp weekend listing exact dosage and dispensing orders prescribed by your doctor. Medications must be in original containers.

| Medication | Dosage | Times Taken (Breakfast, Lunch, Supper, Bed, Other) |
|------------|--------|--|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Parent/Guardian Signature verifying instructions: _____ Date _____

If dispensing orders differ from original container's label, a Physician's signature is required: _____ Date _____

Over-The-Counter Medications - By **checking** the appropriate box, I give permission for me/my child to receive the following over-the-counter medications according to the specific directions on the product label unless otherwise directed by a physician.

| <u>Symptom</u> | <u>Medication</u> |
|-----------------------------------|--|
| Headache, Fever | <input type="checkbox"/> Acetaminophen (Tylenol) |
| Cramps, Muscle Pain, Inflammation | <input type="checkbox"/> Ibuprofen |
| Upset stomach | <input type="checkbox"/> Maalox <input type="checkbox"/> Mylanta <input type="checkbox"/> Tums <input type="checkbox"/> Pepto-Bismol |
| Diarrhea | <input type="checkbox"/> Kaopectate <input type="checkbox"/> Imodium Liquid |
| Constipation | <input type="checkbox"/> Milk of Magnesia |
| Localized Allergic Reactions | <input type="checkbox"/> Benadryl |
| Sore Throat | <input type="checkbox"/> Sore Throat Lozenge |
| Itching (Rash) | <input type="checkbox"/> Hydrocortisone Cream <input type="checkbox"/> Calamine Lotion |
| Insect Sting | <input type="checkbox"/> Insect Bite Relief (Sting Kill) ointment |
| Mosquito Protection | <input type="checkbox"/> Lotion containing DEET |
| Sun Burn Protection | <input type="checkbox"/> Sunscreen Lotion |

No oral medications will be given without specific parental authorization.

List any over-the-counter oral or topical medications which you/your child should **not** receive.

Parent/Guardian Signature _____ **Date** _____